



## Static - start list

Date: 15.03.2024  
First Top Time: 10:00  
Start interval [min]: 10  
Break [min]: 30  
No. lanes: 2

15 (after break)

\* Declared time is better than the current Norwegian CMAS record for the discipline

Name	Nation	Sex / category	Nationality	Declared time	*	Lane	Time			
							Registration	Warm-up	Last 3 min	Top time
Dean Chaouche	Sweden	M / SR (18-49)	GB	00:01		1	09:00	09:15	09:57	10:00
Kristin Stanwick Bårnås	Norway	D / SR (18-49)	NO	04:00		2	09:00	09:15	09:57	10:00
Marie Huchler	Norway	D / SR (18-49)	NO	00:10		1	09:15	09:30	10:12	10:15
Marika Konola-Tuominen	Finland	D / SR (18-49)	FI	01:00		2	09:15	09:30	10:12	10:15
Franka Gaarder	Norway	D / JR (15-17)	NO	01:30	NR	1	09:25	09:40	10:22	10:25
Vilja Elvebakken Haraldstad	Norway	D / JR (15-17)	NO	02:00	NR	2	09:25	09:40	10:22	10:25
Hilde Følstad Myhre	Norway	D / SR (18-49)	NO	02:00		1	09:35	09:50	10:32	10:35
Jens Kristian Gundorph	Denmark	M / SR (18-49)	DK	02:10		2	09:35	09:50	10:32	10:35
Stine Simonsen	Norway	D / SR (18-49)	NO	03:00		1	09:45	10:00	10:42	10:45
Martin Helliesen SørDAL	Norway	M / SR (18-49)	NO	03:00		2	09:45	10:00	10:42	10:45
Siri Østvold	Norway	D / SR (18-49)	NO	03:00		1	09:55	10:10	10:52	10:55
Henriette Andrea Hansen	Norway	D / SR (18-49)	DE	03:30		2	09:55	10:10	10:52	10:55
Øivind Jul Hansen	Norway	M / SR (18-49)	NO	03:30		1	10:05	10:20	11:02	11:05
Aleksandra S. Lamberg	Norway	D / SR (18-49)	NO	03:30		2	10:05	10:20	11:02	11:05



## Static - start list

Date: 15.03.2024  
First Top Time: 10:00  
Start interval [min]: 10  
Break [min]: 30  
No. lanes: 2

15 (after break)

\* Declared time is better than the current Norwegian CMAS record for the discipline

Name	Nation	Sex / category	Nationality	Declared time	*	Lane	Time			
							Registration	Warm-up	Last 3 min	Top time
Felicia Ulltin	Norway	D / SR (18-49)	SE	03:30		1	10:15	10:30	11:12	11:15
Shino Wilberg	Norway	M / SR (18-49)	NO	03:30		2	10:15	10:30	11:12	11:15
Toni Asbjørnsen	Norway	M / SR (18-49)	NO	04:00		1	10:25	10:40	11:22	11:25
Sunniva Vikør Egenes	Norway	D / SR (18-49)	NO	04:00		2	10:25	10:40	11:22	11:25
Danni Stjernegård	Norway	M / SR (18-49)	DK	04:00		1	10:35	10:50	11:32	11:35
Mari Aarbø Thorsen	Norway	D / SR (18-49)	NO	04:00		2	10:35	10:50	11:32	11:35
Sophie Vestergaard	Denmark	D / SR (18-49)	DK	04:00		1	10:45	11:00	11:42	11:45
Aleksander Ødegård	Norway	M / SR (18-49)	NO	04:00		2	10:45	11:00	11:42	11:45
Lukasz Klunduk	Norway	M / SR (18-49)	PL	04:00		1	10:55	11:10	11:52	11:55
Jaroslav Wrzesien	Norway	M / SR (18-49)	NO	04:00		2	10:55	11:10	11:52	11:55

**- = PAUSE = -**



## Static - start list

Date: 15.03.2024  
First Top Time: 10:00  
Start interval [min]: 10  
Break [min]: 30  
No. lanes: 2

15 (after break)

\* Declared time is better than the current Norwegian CMAS record for the discipline

Name	Nation	Sex / category	Nationality	Declared time	*	Lane	Time			
							Registration	Warm-up	Last 3 min	Top time
Tormod Ryeng	Norway	M / SR (18-49)	NO	04:15		1	11:35	11:50	12:32	12:35
Johnny Ibsen	Denmark	M / M2 (60-69)	DK	04:30		2	11:35	11:50	12:32	12:35
Lars Daugaard	Denmark	M / M1 (50-59)	DK	05:00		1	11:50	12:05	12:47	12:50
Nico Guzman	Norway	M / SR (18-49)	NO	05:00		2	11:50	12:05	12:47	12:50
Helge Løvskar	Norway	M / SR (18-49)	NO	05:00		1	12:05	12:20	13:02	13:05
Anni Højgaard	Denmark	D / SR (18-49)	DK	05:15		2	12:05	12:20	13:02	13:05
Eleni Diamanti	Norway	D / SR (18-49)	NO	05:30		1	12:20	12:35	13:17	13:20
Geir Hauso	Norway	M / SR (18-49)	NO	05:30		2	12:20	12:35	13:17	13:20
Ivar Andersen	Norway	M / SR (18-49)	NO	06:00	NR	1	12:35	12:50	13:32	13:35
Martin Giset	Norway	M / SR (18-49)	NO	06:00	NR	2	12:35	12:50	13:32	13:35
Michael Edward Bjørnaali	Norway	M / SR (18-49)	NO	06:01	NR	1	12:50	13:05	13:47	13:50
Peter Truelsen	Denmark	M / SR (18-49)	DK	06:17		2	12:50	13:05	13:47	13:50
Lars Mou Baltoft Andersen	Denmark	M / SR (18-49)	DK	06:30		1	13:05	13:20	14:02	14:05
Rami Bladlav	Sweden	M / SR (18-49)	SE	06:30		2	13:05	13:20	14:02	14:05



## Static - start list

Date: 15.03.2024  
First Top Time: 10:00  
Start interval [min]: 10  
Break [min]: 30  
No. lanes: 2

15 (after break)

\* Declared time is better than the current Norwegian CMAS record for the discipline

Name	Nation	Sex / category	Nationality	Declared time	*	Lane	Time			
							Registration	Warm-up	Last 3 min	Top time
Iiris Ala-Olla	Finland	D / SR (18-49)	FI	07:00		1	13:20	13:35	14:17	14:20
Niels Kobberø Andersen	Denmark	M / M2 (60-69)	DK	07:05		2	13:20	13:35	14:17	14:20
Åge Mikael Strand	Norway	M / M1 (50-59)	NO	05:00	NR	1	13:35	13:50	14:32	14:35
Magnus Fuglerud	Norway	M / SR (18-49)	NO	07:30	NR	2	13:35	13:50	14:32	14:35