



# No-fins - start liste

Date: 17.03.2024  
First Top Time: 10:00  
Start interval [min]: 10  
Break [min]: 30  
No. lanes: 2

rev 1

\* Declared time is better than the current Norwegian CMAS record for the discipline

Name	Nation	Sex / category	Nationality	Declared length	*	Lane	Time			
							Registration	Warm-up	Last 3 min	Top time
Aleksandra S. Lamberg	Norway	D / SR (18-49)	NO	1		1	09:00	09:15	09:57	10:00
Marie Huchler	Norway	D / SR (18-49)	DE	1		2	09:00	09:15	09:57	10:00
Nico Guzman	Norway	M / SR (18-49)	NO	1		1	09:10	09:25	10:07	10:10
Geir Hauso	Norway	M / SR (18-49)	NO	25		2	09:10	09:25	10:07	10:10
Franka Gaarder	Norway	D / JR (15-17)	NO	10	NR	1	09:20	09:35	10:17	10:20
JR start - empty		0 /	0	0		2	09:20	09:35	10:17	10:20
Magnus Fuglerud	Norway	M / SR (18-49)	NO	31		1	09:30	09:45	10:27	10:30
Jens Kristian Gundorph	Denmark	M / SR (18-49)	DK	40		2	09:30	09:45	10:27	10:30
Stine Simonsen	Norway	D / SR (18-49)	NO	43		1	09:40	09:55	10:37	10:40
Johnny Ibsen	Denmark	M / M (50+)	DK	40		2	09:40	09:55	10:37	10:40
Iiris Ala-Olla	Finland	D / SR (18-49)	FI	44		1	09:50	10:05	10:47	10:50
Dean Chauuche	Sweden	M / SR (18-49)	GB	45		2	09:50	10:05	10:47	10:50
Marika Konola-Tuominen	Finland	D / SR (18-49)	FI	45		1	10:00	10:15	10:57	11:00
Mari Aarbø Thorsen	Norway	D / SR (18-49)	NO	49		2	10:00	10:15	10:57	11:00



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Hilde Følstad Myhre	Norway	D / SR (18-49)	NO	50		1	10:10	10:25	11:07	11:10
Felicia Ulltin	Norway	D / SR (18-49)	SE	50		2	10:10	10:25	11:07	11:10
Ivar Andersen	Norway	M / SR (18-49)	NO	50		1	10:20	10:35	11:17	11:20
Shino Wilberg	Norway	M / SR (18-49)	NO	50		2	10:20	10:35	11:17	11:20
Sunniva Vikør Egenes	Norway	D / SR (18-49)	NO	50		1	10:30	10:45	11:27	11:30
Tormod Ryeng	Norway	M / SR (18-49)	NO	55		2	10:30	10:45	11:27	11:30
Jaroslav Wrzesien	Norway	M / SR (18-49)	NO	60		1	10:40	10:55	11:37	11:40
Lars Daugaard	Denmark	M / M (50+)	DK	60		2	10:40	10:55	11:37	11:40
Øivind Jul Hansen	Norway	M / SR (18-49)	NO	60		1	10:50	11:05	11:47	11:50
Åge Mikael Strand	Norway	M / M (50+)	NO	68	NR	2	10:50	11:05	11:47	11:50

**- = PAUSE = -**



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Aleksander Ødegård	Norway	M / SR (18-49)	NO	70		1	11:30	11:45	12:27	12:30
Einar Bjørkaas Helle	Norway	M / SR (18-49)	NO	75		2	11:30	11:45	12:27	12:30
Lars-Petter Granan	Norway	M / SR (18-49)	NO	75		1	11:40	11:55	12:37	12:40
Sophie Vestergaard	Denmark	D / SR (18-49)	DK	75		2	11:40	11:55	12:37	12:40
Toni Asbjørnsen	Norway	M / SR (18-49)	NO	75		1	11:50	12:05	12:47	12:50
Lars Mou Baltoft Andersen	Denmark	M / SR (18-49)	DK	80		2	11:50	12:05	12:47	12:50
Kristin Stanwick Bårnås	Norway	D / SR (18-49)	NO	90		1	12:00	12:15	12:57	13:00
Lukasz Klunduk	Norway	M / SR (18-49)	PL	87		2	12:00	12:15	12:57	13:00
Eleni Diamanti	Norway	D / SR (18-49)	GR	100		1	12:10	12:25	13:07	13:10
Danni Stjernegård	Norway	M / SR (18-49)	DK	100		2	12:10	12:25	13:07	13:10
Helge Løvskar	Norway	M / SR (18-49)	NO	100		1	12:20	12:35	13:17	13:20
Martin Helliesen SørDAL	Norway	M / SR (18-49)	NO	101		2	12:20	12:35	13:17	13:20
Siri Østvold	Norway	D / SR (18-49)	NO	102		1	12:30	12:45	13:27	13:30
Michael Edward Bjørnaali	Norway	M / SR (18-49)	NO	104		2	12:30	12:45	13:27	13:30



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Anni Højgaard	Denmark	D / SR (18-49)	DK	105		1	12:40	12:55	13:37	13:40
Peter Truelsen	Denmark	M / SR (18-49)	DK	124		2	12:40	12:55	13:37	13:40